



GOALS

1. Learn to set goals
2. Connect the world of work to interest, skills, strengths and passions
3. Identify connection between trends and skills
4. Consider benefits of post-secondary education
5. Consider how opportunities can foster success

CORE ACTIVITIES

1. What do I bring on the journey? (20 minutes)

2. Looking for external cues (15 minutes)

3. Opening a world of possibility (20 minutes)



GOALS

1. Prepare and revise a budget
2. Learn options for funding personal goals
3. Realize financial constraints
4. Discover gross and net income
5. Learn about opportunity costs

CORE ACTIVITIES

1. The places you could go (15 minutes)

2. Moving Day! (15 minutes)

3. Pay Day! (15 minutes)

4. Visualizing a lifetime of income (15 minutes)



GOALS

1. Explore the concept of networking
2. Discover what employers look for
3. Explore the value of a strong personal brand
4. Identify potential mentors

CORE ACTIVITIES

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|------------------------------|--------------|
| 1. Networking | (15 minutes) |
| 2. Being what employers want | (15 minutes) |
| 3. Personal brand | (15 minutes) |
| 4. Identifying a mentor | (15 minutes) |



GOALS

1. Understand preparation required to achieve plans and goals
2. Recognize value in seizing opportunity

CORE ACTIVITIES

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|----------------------|--------------|
| 1. Keys to success | (15 minutes) |
| 2. Plan your success | (15 minutes) |

NOTES